Wayne Township Public Schools

Department of Health Services
1006 Hamburg Turnpike, Wayne, New Jersey 07470
(973)968-7442
Fax (973)633-6701

Suzanne Koransky, R.N., M.A.
Lead Nurse

School Year 2013 - 2014

Dear Parent/Guardian:

The State Department of Education has mandated that all schools in New Jersey have a program of Comprehensive Health Education which includes Family Life and Disease Prevention in their curriculum of instruction.

The Wayne Board of Education has a program of Health Education for grades Kindergarten through 12.

Attached for your information is a copy of the outline of the elementary curriculum K-5 that will be taught during your son's or daughter's Health course. If you wish to have your child excluded for a particular phase of the course, kindly contact the school nurse.

If you have a question or would require additional information, please feel free to contact your son's or daughter's school nurse or my office at the above phone number.

Sincerely,

Suzanne Koransky, R.N., M.A.
Lead Nurse/Certified School Nurse

Diane Pandolfi
Director of Elementary Schools

SK/nec
attachment
curr1314
Outline of Health Education
Presented by Certified School Nurse/Teacher/School Counselor
Grades K through 5

KINDERGARTEN
First Aid and Safety/Rules
Social Health/Family/Friends
Nutrition/Types of Food
Growth and Development
Drug Awareness
Disease Prevention

GRADE 1
Social Health/Communication Skills
Nutrition/Food Pyramid
Physical/Emerotional/Social Growth & Development
Definition of Kinds of Drugs
Safety Precautions
Consumer and Community Health

GRADE 2
Family Life Changes
Nutrition/Healthy Food Choices
Physical Growth and Development
Drug Concepts/Actions on Body
Disease Prevention/Immune System
First Aid and Safety/Hazards

GRADE 3
Nutrition/Wellness
The Student as a Unique Individual/Human Relationships
Substance Abuse/Nicotine
Communicable and Non Communicable Disease
First Aid and Safety/Self-Protection

GRADE 4
Nutrition/Disease Prevention
Growth and Development/Body Systems
Substance Abuse/Definitions/Signs 7 Symptoms
Disease Prevention/Germs
First Aid & Safety/Emergency Situations
Heimlich Maneuver
Personal Health/Healthy Decisions
Human Relationships/Sexuality

GRADE 5
Human Relationships/Sexuality
Disease Prevention
- communicable vs. non-communicable
- HIV/AIDS
Scoliosis
Substance Abuse/D.A.R.E. Program
Nutrition/Healthy Decisions