Dear Parents,

I want to take this opportunity to welcome you back to another year of Physical Education at John F. Kennedy Elementary School. This year your Physical Educators are Peter Brill and I, Kat Van Ess. I am the full-time PE teacher; however, depending on the schedule your child’s class may be taught by Mr. Brill.

I would like to inform you of some of the rules for Physical Education class. Safety is my number one concern with your children in the gym and outside. Therefore the following rules have been developed in order to keep them safe.

1. **Your child needs to wear sneakers in order to participate in Physical Education class.**
   These sneakers should cover their entire foot. Leaving a part of the foot exposed could lead to injury while participating in class. The sneakers should also have laces, or straps that go across the shoes. This will help the shoe stay on while they actively participate in Physical Education class. Cleats, Uggs, Crocs and Skele-Toes will not be allowed at any time during the year.

   *Students will be going outside for P.E. during the fall and spring. The grass may be damp in the morning time. Please send a change of socks and shoes if you feel your child may need it on P.E. days.*

2. **No Jewelry should be worn on days your child has Physical Education class with the exception of medical alert bracelets and studded earrings.**

3. **Please send in a note if your child is excused from P.E. for any reason.** A note from a doctor or parent is required to be excused for P.E. as per the health office guidelines.

4. This year a new standards based reporting system is being implemented that include PE. This report will be completed by the assigned PE teacher.

Thank you for your understanding and cooperation on the above matters. I am looking forward to another fun and active year with your children.

If you have any questions, please email me at kvaness@wayneschools.com.

Thank You,

*Ms. Van Ess*
Kat Van Ess
Physical Education Teacher
John F. Kennedy School